

MORE THAN \$2,000 IN FREE STUFF UP FOR GRABS AT PNMAG.COM! SEE PAGE 15 FOR DETAILS

PREGNANCY & newborn

BREASTFEEDING

The first 72 hours

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CRIBS

Easy ways
to green up
your act

WHAT
MAMA
WANTS

No-nonsense
Valentine's
Day gifts

the
anatomy of
pregnancy



Making
LOVE

A new mom's
guide to **sex &**
relationships

**NURSERY
DESIGN**
for small
spaces

*Win this
dress!*

SEE PAGE 6 FOR
DETAILS

Baby gear
to suit
mom's style

February 2011

\$5.99US \$5.99CAN



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Display until February 28, 2011



see kai run

Spring Collection 2011
View our entire selection of baby booties and first walkers at www.seekairun.com



cravings



MOMMY MUST-HAVE:

Chomposable charms

Motherhood often results in a temporary accessory hiatus when you tire of futile attempts to prevent baby from pulling your earrings, licking your watch, and biting your necklace. Thanks to the seriously chic accessory line **Chewbeads**, however, you can add finishing touches to your ensembles and your wee one can safely gum your baubles to his heart's content. The beaded beauties are made of 100 percent silicone, can be easily washed with dish soap and water, and provide a soothing surface for teething tots to gnaw. Go ahead, layer on a few strands and strut your no-compromise mommy style. *Chewbeads \$30 each*

[REMINDER] President's Day is February 21!

"All I am I owe to my mother."

—GEORGE WASHINGTON

Hesitation over radiation



Worried about the amount of radiation your bun in the oven is exposed to on a daily basis? **Belly Armor's** blankets, tees and bands shield babies-to-be from the non-ionizing radiation that emanates from mobile phones, computers, MP3 players and the other electronics that populate our lives. Made with RadiaShield fabric and high-quality textiles, these protective products may be just the peace of mind you're looking for. *Belly Armor \$69*

See shopping guide for details